

Elliptical Trainers AB-VG30

- LCD console show 12 preset program, 1 user program and 4 HRC program.
- Hand Pulse sensor which read heart rate
- 16 levels of resistance
- Generous striding area with movable handles for a total body workout
- Pulse Recovery Function to know your heart performance
- Dual Action arm height adjustment
- Height adjuster cap to stabilize cross trainer
- AC Adapter required
- Water bottle with holder
- Built in transport wheels for easy storage

