



-Solid design with dual action handle bar for total body workout.

-Heavy enough magnetic resistance offers extremely smooth, frictionless movement.

-12 training profiles to fit with different exercising ability.
-Forward and backward moving offers various kinds of muscles extension for different position.

-LCD window shows speed, distance, time, calories,

hand pulse, RPM, watt, target heart rate, recovery, 12 programs, BMI, BMR, and body fat. -Foldable design for space-saving.

